

USA South Recruiting Outline

Levels of Colleges & Universities in Athletics / Volleyball:

-NJCAA (National Junior College Athletic Association)

<http://www.njcaa.org/landing/index>

- A. Division 1: Full Athletic Scholarships
- B. Division II: Partial Athletic Scholarship
- C. Division III: No Athletic Scholarships

-NAIA (National Association of Intercollegiate Athletics)

<http://www.naia.org/>

- A. Various levels of Athletic Scholarship Money

-NCAA (National Collegiate Athletic Association: Division I, II, & III)

<http://www.ncaa.com/>

- A. Division I: 12 Athletic Scholarship Limit
- B. Division II: 8 Athletic Scholarship Limit
- C. Division III: No Athletic Scholarships, financial and academic aid is plentiful

"OVER 1,600 COLLEGES WHO HAVE WOMEN'S VOLLEYBALL TEAMS"

Guideline for Prospective Student-Athletes by Class

Freshman Year:

15's and under (Each South player "will" complete the following)

- List 35 Colleges and/or Universities
- Create and Bio Sheet (Contact information, athletic information, Stats, awards, other athletics achievements, club schedule, club coach and/or recruiting coordinator contact information) ***Start tracking all volleyball achievements "Both individual and Team"**
- Create University Athlete Account
- Start communication with college coaches, by EMAIL, TEXT, and PHONE. **"Keep in mind you can contact college coaches, but the college coach can't contact you directly. Only can he or she contact the Prospective Student-Athlete via Club Coach, High School, Club Recruiting Coordinator, or any other Club Employee"**

Sophomore Year:

16's and under (Each South player "will" complete the following)

- List 25 Colleges and/or Universities
- "UPDATE" Bio Sheet (Contact information, athletic information, Stats, awards, other athletics achievements, club schedule, club coach and/or recruiting coordinator contact information)

***Continue tracking all volleyball achievements "Both individual and Team"**

- "UPDATE" University Athlete Account
- Continue communication with college coaches, by EMAIL, TEXT, and PHONE. **"Keep in mind you can contact college coaches, but the college coach can't contact you directly. Only can he or she contact the Prospective Student-Athlete via Club Coach, High School, Club Recruiting Coordinator, or any other Club Employee"**
- Start making Unofficial Visit's to Colleges and Universities

Junior Year:

17's and under (Each South player "will" complete the following)

- List 15 Colleges and/or Universities
- "UPDATE" Bio Sheet (Contact information, athletic information, Stats, awards, other athletics achievements, club schedule, club coach and/or recruiting coordinator contact information) ***Continue tracking all volleyball achievements "Both individual and Team"**
- "UPDATE" University Athlete Account
- Continue communication with college coaches, by EMAIL, TEXT, and PHONE. **"At this point coach coaches can now communication with you directly on September 1st heading into your Junior Year of High School"**
- Register to take the S.A.T or/and both A.C.T. **"TAKE BOTH"**

Senior Year:

18's and under (Each South player "will" complete the following)

- List 10 to 15 Colleges and/or Universities
- "UPDATE" Bio Sheet (Contact information, athletic information, Stats, awards, other athletics achievements, club schedule, club coach and/or recruiting coordinator contact information) ***Continue tracking all volleyball achievements "Both individual and Team"**
- "UPDATE" University Athlete Account
- Continue communication with college coaches, by EMAIL, TEXT, and PHONE. **"At this point coach coaches can now communication with you directly on July 1st heading into your Junior Year of High School"**
- Register to take the S.A.T or/and both A.C.T. **"TAKE BOTH"**

Selecting a University and a Volleyball Program

TEN QUESTIONS PARENTS / ATHLETES SHOULD ASK RECRUITERS

1. What is the quality of educational experience and what happens if my daughter decides to change her major?
2. Does the athletic department provide academic services to ensure academic success?
3. Does the coaching staff's philosophy reflect a long term concern for my daughter's future after volleyball?
4. What are the specific details of the scholarship or financial aid being offered to my daughter?
5. Has the university recruited my daughter with honesty and integrity?
6. Does the local community and local media support the University and student athlete?
7. What type of image does the Volleyball program present both on and off the court?
8. What are the specific and long range budgetary commitments of the Athletic Department to women's athletics and more specifically women's volleyball?
9. How will the training and intensity of training be different from or similar to what she has gone through at the high school and club level?
10. Can the coach provide current and past academic performance of former players inc. graduation rates, GPA's, etc...?

FACTORS TO CONSIDER

A. Athletics

1. Facilities

- a. Competition and practice areas
- b. Locker room
- c. Weight room
- d. Training room
- e. Athletic offices
- f. Study areas

2. Coaching Staff

- a. National reputation for success
- b. Philosophy of teaching and discipline
- c. Stability of head coach and assistants (will they be there when I graduate)
- d. Reputation (loyalty of players, coaches, etc...)
- e. Quality of assistant coaches

3. Volleyball Specific Concerns

- a. Quality of schedule (strength, travel, etc...)
- b. Chances of winning conference and playing in post season
- c. Depth and age of players at my daughter's position
- d. Off season program
- e. Technique and training philosophy
- f. Special features (overseas travel, training table, etc...)

4. Strength & Conditioning Program

- a. Full time strength coach
- b. Understands female athletes
- c. Understands demands of volleyball
- d. Training table
- e. Insurance programs
- f. Health care and medical staff
- g. Year round program

5. Marketing and Promotions

- a. Average attendance
- b. Radio and television coverage of matches
- c. Scope of marketing and promotion for Women's Volleyball
- d. Size and history of Volleyball booster club
- e. Quality, organization and professionalism of staging volleyball events

B. Academics

1. Emphasis on Academics

- a. By Coaching staff / Administration / Faculty / Community
- b. National reputation of University
- c. On-Campus buildings
- d. Campus grounds and surroundings
- e. Library and study areas
- f. Full time academic advisor
- g. Tutoring system
- h. Degree programs and specific major needs
- i. Percentage of athletes obtaining degrees
- j. Job placement outlook for graduates
- k. Professor to student ratio
- l. University's strength in your area of interest

C. Social

1. Lifestyle

- a. "Collegiate" environment
- b. Campus security
- c. Level of community support for athletics
- d. Campus social life
- e. Cultural opportunities available
- f. Size and "feel" of campus

2. Housing

- a. Quality of student housing (dorms)
- b. Accessibility to campus and recreation
- c. Apartment facilities near campus
- d. Commuter vs. Residential campus

3. Family / Relatives / Friends

- a. Opportunities to see matches
- b. Distance to campus
- c. Frequency and timing of daughters visits home

University Athlete:

- University Athlete (<https://universityathlete.com/#>) *"All South players must create an account"*

What is University Athlete?

On University Athlete, 1,080 colleges have evaluated 115,673 athletes 626,811 times at events and taken more than 864,689 notes.

What are you doing to make sure you are getting noticed?

University Athlete is the premier communication tool connecting collegiate coaches and prospective student athletes. We are **NOT** a recruiting service; we don't sell athletes to colleges nor promote them in any way; therefore, the coaches trust us and use our services. UA combines the convenience of an online database with the efficiency of iPhone and Android software to assist coaches' recruiting efforts at tournaments.

At a tournament, colleges can instantly find any player, identify new players, evaluate and take notes without losing valuable time needed to watch courts. **More than 300 Div I and more than 500 Div II, III, NJCAA and NAIA programs** utilize University Athlete's services and that number is growing. We have created a system that efficiently and effectively connects the coaches with the players in a timely and secure environment. **Athletes now have the tools at hand to get the correct information into the hands of the recruiters at NO COST.**

Rich Kern:

www.rickkern.com:

Rick Kern is a very good site to gather information and research collegiate programs.

NCAA Eligibility Center:

https://web3.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp

"All South players must register to be eligibility for the NCAA"

Recruiting Rules & Information for NJCAA, NAIA, and NCAA I, II, & III:

-NJCAA:

<http://allamericansportsrecruiting.com/njcaa-recruiting-rules.php>

-NAIA:

<http://www.bing.com/search?q=NAIA+Recruiting+Rules+and+Regulations&FORM=OSRE4>

-NCAA Division I:

<http://www.aaa-sa.org/College%20PDF/NCAA%20Recruiting%20Regulations.pdf>

-NCAA Division II & III:

<http://www.monsterpreps.com/resources/ncaa-recruiting-rules-division-II-and-III.htm>

Recruiting Calendars for NCAA I, II, & III:

NCAA I: <https://www.ncaa.org/sites/default/files/Women's%20Volleyball.pdf>

NCAA II:

http://www.ncaa.org/sites/default/files/DII_Other%20Sports%20Recruiting%20Calendar%202015-16.pdf

NCAA III / NAIA / NJCAA: "No Recruiting Calendar"

Standardized Test:

-S. A. T. (Scholastic Aptitude Test)

<https://sat.collegeboard.org/home>

-A. C. T. (American College Test)

<http://www.act.org/products/k-12-act-test/>

- In order to be "Eligible to Compete" at an NCAA Institution Prospective Student-Athlete, must take one or both of the above standardized test giving on a national testing date.

Comments / Notes: